

## Edmonton Forklift Training Program

Edmonton Forklift Training Program - The forklift is a common powered industrial vehicle that is in wide use today. They are sometimes called jitneys, hi los or lift trucks. A departments store would use the forklift to unload and load products, whereas warehouses will make use of them to stack products and materials. And grocery stores make use of small models to drop stock in the aisles. Whether loading material at a construction site or transporting lumber at a sawmill, forklift operators should be properly trained and certified. The main concern should be on pedestrian and worker safety. This forklift training course teaches the health and safety regulations governing forklifts to be able to ensure their efficient and safe use.

### Forklift Training Program Safety Tips:

Correct training guarantees that operators of forklifts are able to maintain control of the lift truck in traveling, lifting and tilting. Just skilled operators must operate a forklift.

Safety guidelines when traveling - head, hands, legs, arms and feet must be kept inside the forklift truck during traveling. The forks must be low to the ground and tilted back. Observe posted traffic signs. Lessen speed and honk the horn if taking a corner. If the vision of the driver is blocked by the load, slowly drive backwards. Pre-check the ground for potential hazards, like objects, oily or wet spots, rough patches, holes, vehicles and people. Avoid stopping suddenly.

If pedestrians pass across the vehicle or moves into a blind spot, the forklift should be stopped, the load lowered, waiting until the way is clear. If a load is being transported on an incline, the forks must be pointed downhill without a load and uphill with a load. The lift truck must only be turned around when on level ground.

Safety tips while steering - Never turn the steering wheel sharply when traveling fast. Turn making use of the back wheels and support the load by the front wheels. An overloaded truck will be hard to steer. Follow load restrictions. Do not add a counterweight as a way to improve steering.

Safety tips while loading - Follow the recommended capacity and load restrictions of the forklift. This information is displayed on the data plate. Always ensure that the load is placed according to the suggested load centre. The lift truck would remain stable as long as the load is kept near the front wheels.

The forklift mast should be in an upright position prior to inserting the fork into a pallet. Before inserting the fork, level it.